

food thought

FOR



30 Years of Nourishing Hope.

8014 Marine Way • Irvine, CA 92618 • FeedOC.org • 949.653.2900



HUNGER can affect a child for a lifetime

Even a few missed meals can have a negative impact on a child, and prolonged hunger can affect learning ability, behavior, and health.

Recent studies have shown that hunger is linked to increased hospitalizations, developmental problems, headaches, and stomachaches. Childhood hunger has also been linked to significant health problems in adulthood.

Second Harvest Food Bank has developed a number of programs to help ensure that children do not have to miss meals. Right now, children can receive free lunch or supper at our Summer Food Program.

When classes begin again in the fall, children can get nutritious afterschool meals at our Kids Cafes. In addition, our School Pantry Program is operational at two elementary schools in Santa Ana. One Thursday a month, we distribute food directly to low-income families whose children attend that school.

Keep an eye out for our next issue which will bring you more information on this exciting new program.



Fresh produce and groceries are brought directly to hungry neighbors in Orange County

OUR MOBILE PANTRY GOES WHERE THE NEED IS GREATEST

For Carlos, the Mobile Pantry is a lifeline — he receives food to feed his family. Carlos had a steady job until the company he worked for moved out of state. Right now, he can't find work. He told us...

"I live with my two daughters in a rental room. My seven-year-old is autistic. She has the mind of a two-year-old. It makes it really difficult to look for a job. The food is really good. I get a couple of bags and it lasts us about a week and a half."

Second Harvest Food Bank's two Mobile Pantry vehicles travel throughout Orange County to areas that are underserved or where the need is so great that the existing emergency feeding programs cannot keep up with the demand. Mobile Pantries are also an ideal way to distribute fresh produce quickly and efficiently.

Each vehicle carries between 5,000 and 10,000 pounds of food, providing nourishment for as many as 300 families. A typical distribution includes fresh fruits and vegetables, dairy, meat, juice, and staple items.

Many of the residents who line up to receive food are mothers with children, seniors on low or fixed incomes, and the working poor who do not earn enough to pay the bills and feed themselves. During our last fiscal year we made 489 deliveries, distributing a total of 4,573,049 pounds.

Our Adopt-a-Pantry is part of our Mobile Pantry Program. It gives corporations, individuals, and organizations the opportunity to sponsor a Mobile Pantry. Your employees or members can also volunteer — bringing philanthropy full-circle by financially underwriting the cost and seeing firsthand the immediate impact of your generosity. We want to expand this program, and we need your help. For more information or to sign up, please call Erika at 949-653-2900.



WE HAVE PROGRAMS TO FIGHT HUNGER ALL YEAR LONG

A Note from Nicole

Hunger is unrelenting, it affects people 365 days a year. Some of our core programs are designed to operate all year while others have been developed to address increased need during a specific time of year.

A good example of the latter is our Summer Food Program. During the school year, more than 46% of public school children in Orange County rely on free or reduced-price breakfast and lunch served in the school cafeteria. These meals are not available when school is not in session, and many parents have trouble providing enough food for the whole family.

During the summer, we will provide nourishing lunch free of charge to children at Kids Cafes, community centers, parks, schools, and other sites throughout the county. At many of the sites, depending on the programs, we also offer an afternoon snack. From mid-June to approximately mid-August, we will be feeding children at 40 summer sites.

We provide kid-friendly items with an emphasis on nutrition. Meals include dairy, protein, fresh fruits, and vegetables. A complete list of sites can be viewed on our website, FeedOC.org. When school begins at the end of the summer, our Kids Cafes serve an afterschool snack.

I hope you'll also become involved with our Adopt-a-Pantry Program (see details on page 1). It's a tremendous way to experience the impact of your generosity. In addition to your monetary donation, you and your colleagues or group members can take part in the actual food distribution. As one of the volunteers told us...

"I was happy to be there and happy to be giving people food to feed themselves and their families. I could not be more impressed or grateful. If I can leave you with anything, I'd say this: Take a chance. Volunteer. Donate."

Thank you to everyone who is supporting our work.

Nicole Suydam
CEO | Your Partner

Second Harvest Launches The Giving Hope Society

An important new part of our organization, The Giving Hope Society was introduced during our recent Serving Hope Luncheon.

Food Bank supporters and community leaders gathered at the Newport Beach Marriott Hotel to enjoy a delicious lunch and learn more about our programs that feed those struggling with hunger.

Community involvement is vital to the success of all of our programs. In Orange County, 400,000 people are at risk of going hungry. Although our programs have grown over the years, we are still not meeting the needs of all our hungry neighbors.

Members of The Giving Hope Society will be dedicated to making a significant commitment to expanding our capacity so we can achieve our vision:

Together we are creating a future in which no one goes hungry. Ever.

Our Daniel J. Harney Legacy Society

Our Daniel J. Harney Legacy Society recognizes and honors very special individuals who help ensure that we can provide food for years to come by including Second Harvest Food Bank of Orange County in their estate plans.

There are a number of different charitable arrangements to accomplish the goal of leaving a legacy, including a bequest in your will, life insurance, or trust. For more information, please contact: Amira Barger, Director of Development, at Amira@FeedOC.org or 949-653-2900. Thank you.

MEET OUR DONORS

Giving “Above & Beyond” to fight hunger in Orange County

Second Harvest Food Bank of Orange County is very fortunate to have donors who participate in our work of feeding the hungry. Steve Blanc is not only a donor, he is a SHFBOC Ambassador.

Q: How did you become involved with the Food Bank?

A: My wife, Phyllis, and I have been donors for a while. Last year, my wife spoke to Nicole and she invited us to come in for a tour. We were impressed with what we saw. We give annually at the end of the year, but recently we’ve set up a kind of trust that disburses money to Second Harvest.

Q: What interests you the most about Second Harvest?

A: The thing that impresses me is how professional, organized, and massive the work is. Before I learned about Second Harvest, I just didn’t appreciate the scope of the challenge or the immense work that needs to be done to make it (feeding the hungry in Orange County) happen on this large a scale. You know, working 60 – 70 hours a week in a Fortune 500 company as I did, I just didn’t see there was a problem. It wasn’t until I retired that I became fully aware of the plight of the hungry, of how many people are in need.

Q: What do you tell others about Second Harvest?

A: Everybody who knows me knows about how I support Second Harvest. When I talk to them, first of all I strike them with the challenge of the 400,000 people a month that are at risk of hunger. I try to raise their awareness. I encourage them to go to the website and find out more, to find out ways they can get involved and help. I speak to everybody about it, even at networking events I weave in information about what’s happening and about what Second Harvest does and how they should help. I even encourage the networking groups to hold their meetings at Second Harvest. I think it would be a nice place to have a meeting and they’d be impressed with what they would see.

Q: What else do you do at Second Harvest?

A: I volunteer my time. I’m an Ambassador so I go out into the community and let people know about what Second Harvest does. I’ve been blessed in my life and in my career and so giving back is important to me. Volunteering is a great way to feel good. I wish more people would do it – it’s very powerful.



SHFBOC Ambassador Steve Blanc



30 Years of Nourishing Hope.

UPCOMING EVENTS

June – September Nourishing Hope Tours

Learn about how we are feeding hungry people and how your understanding and involvement are an integral part of our success.

Tuesdays, 9:00 a.m. – 10:00 a.m.:
June 10; July 8; August 12;
September 9

Thursdays, 3:00 p.m. – 4:00 p.m.:
June 26; July 31; August 28;
September 25

July – September Children Tours

First Wednesday of each month,
3:15 p.m. – 4:00 p.m. by reservation.

July 2; August 6; September 3

July

KABC7 / Vons Food Drive & Stuff-a-Truck

A month-long food drive to feed hungry people and create awareness of the serious problems of hunger. Join KABC7 and Vons at the 17th street location in Costa Mesa on July 25 as they team up for the exciting Stuff-a-Truck event.

July 15 Planned Giving Information Session

Polly’s Pies in Laguna Hills
2:00 p.m. – 3:30 p.m.

July 16 Orange County Fair Food Drive

You’ll receive free admission and a carnival ride on “We Care Wednesday” when you donate five or more non-perishable food items at the fair.

For more information or to RSVP for any of these events, please email Erica@FeedOC.org or call 949.653.2900, ext. 148.

SPOTLIGHT

on our
generous
donors

Second Harvest is very grateful for the opportunities and support provided by both foundations and corporations. They help us grow our existing programs and start new ones. We would like to recognize the following for their support:

- The David B. Gold Foundation
- Employees Community Fund of Boeing California
- Share Our Strength
- The Joe MacPherson Foundation
- SCAN Health Plan
- Segerstrom Foundation
- Wells Fargo Foundation
- OC Funders Roundtable
- Pacific Life Foundation
- Orange County Community Foundation



Younger volunteers work in Izzy's Corner.

Volunteering at Second Harvest Food Bank

Fighting hunger... Doing good... Having fun!

You can help feed hungry neighbors, give back to the community, make new friends, and have fun when you volunteer at Second Harvest Food Bank of Orange County.

Volunteers make up 42% of our work force. People of all ages give us thousands of hours of their time to help end hunger in Orange County. You can volunteer as an individual, with your family and friends, or as part of your company or organization. Here are a few ways that you can make a difference...

Volunteer in our Food Distribution Center

This is the easiest way to start and you'll learn more about our vast food distribution process. We'll train you to sort and crate the food we receive.

Help at Izzy's Corner

Children ages 7–13 can learn more about hunger in our community and giving back at Izzy's Corner. They'll help pack nutritious food that will be distributed to people in need.

Work outdoors at our Incredible Edible Farm located at the OC Great Park

There are opportunities to plant, weed, and harvest fresh produce that will be distributed to hungry people.

Volunteer at events or in our office

You can help at events such as the Festival of Children or assist with administrative tasks, data entry, and more in our office.

Two of our volunteers, Kayrn & Robb Claiborn, summed it up beautifully when they said, *"We were here 92 times last year and we enjoy the people we work with. We volunteer because we want to give back and it's important to fill this need in our community."*

Please visit our website at FeedOC.org for more information and to sign up.



Volunteers sort and package food in our Food Distribution Center.



Scan this QR code with your smartphone camera or QR app to donate.

QUICK
CLICKS:



Visit us Online:
FeedOC.org



Find us on Facebook:
[SecondHarvestFoodBank](https://www.facebook.com/SecondHarvestFoodBank)



Follow us on Pinterest:
www.Pinterest.com/shfboc



Follow us on Twitter:
[SecondHarvestFB](https://twitter.com/SecondHarvestFB)



Follow us on Instagram:
[SecondHarvestFoodBankOC](https://www.instagram.com/SecondHarvestFoodBankOC)