

# food thought

FOR

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30 Years of Nourishing Hope.

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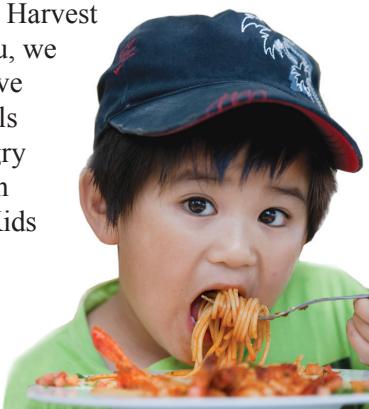
## HUNGER doesn't take a summer vacation

**M**ost children look forward to summer as a time for picnics, going to the beach, and having fun with friends. However, for many kids in low-income families, summer is a time of hunger and worrying when they will get their next meal.

When public school is in session, kids can eat breakfast and lunch in the school cafeteria, but when school ends, so do these free or subsidized meals. Currently, 46.5% of Orange County's public school children rely on those meals.

Parents who are already struggling to pay for basic necessities just can't buy enough food to replace the lost meals.

To ensure that children don't go hungry, we supply nutritious breakfasts and lunches to more than 3,000 children at Kids Cafes and other sites. For every \$10 we receive in donations from friends of Second Harvest like you, we can serve 30 meals to hungry children at the Kids Cafes.



Amanda is  
getting help  
and restoring  
her hope.

## Amanda's story



(photo by Jacques Garnier)

**A**manda, a mother with two children, is one of the people featured in our *30 Faces of Hunger & Hope*, the documentary project commissioned for our 30th anniversary. In spite of a very difficult situation, she is a resilient young woman.

When Amanda found drugs in her husband's truck, she knew she had to protect herself and her two little boys, so she told him to leave. "My boys mean everything to me," she said. "The older one is seven and he's really creative. My younger one is four; he's more into sports."

"We had a lot of debt because my husband ran his business into the ground. He took my car; we had no place to live; we literally had nothing. I couldn't see the light at the end of this tunnel."

"We moved in with my Dad for a little while and then I got on the waiting list for the Orange County Rescue Mission's Village of Hope."

When we met Amanda, she and her two boys had been living at the Village of Hope, a transitional living facility for people who are homeless, for several months. The Rescue Mission is part of our network of partner agencies. They receive groceries and supplies from us so they can help those in need.

The Village of Hope also provides a complete range of services including a child development center, youth tutoring center, clothing and supplies, training, job-search assistance, and a family clinic.

"This program is helping me to get back on my feet," Amanda continued. "It's giving me the time and resources to cope with everything that happened. It's also helping my kids — bringing some measure of normalcy back into their lives."

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## NOURISHING HOPE

### A Note from Nicole

In this issue, we are focusing on *nourishing hope*. Your dedication to fighting hunger has enabled us to feed hungry people and nourish hope for 30 years.

Food is a basic necessity, everyone needs food to survive. Nutritious food is especially important for children because it helps them develop physically and mentally. Eating a balanced diet helps people of all ages become healthier and more productive.

Food also plays an important role in our traditions, holidays, and daily lives. When we sit down with family or friends to enjoy a meal, we talk about our experiences and share good times. When parents can provide healthy meals for their children, they worry less and have a sense of pride. When individuals have enough to eat, they can concentrate on doing their job, finding work, or taking classes to improve their lives.

Amanda is a mother who is rebuilding her family's life with the help of our community. She and her children have been through extremely difficult times; however, now they have a safe place to stay, enough to eat, and Amanda will be getting training so she will be able to get a job and support her children.

We are giving people a hand up... not a handout. Kind donors like you give us the resources we need to provide our 340 partner agencies with food. Our partner agencies, in turn, provide their clients with food and many also offer other services such as training or job-search assistance.

Each year, we honor agencies that "go above and beyond" in their work of feeding hungry people in their communities. This year, we are honoring Newport Church and La Purisima Trinity Guild (see story on page 4.)

We are proud to partner with them and are continuously seeking strategic partnerships with nonprofit agencies, grocery stores, wholesalers, corporations, foundations, and individual donors in our efforts to feed hungry people each day and develop long-term solutions to the root causes of hunger.

Thank you for all you are doing to fight hunger and nourish hope in Orange County.

Nicole Suydam  
CEO | Your Partner



### Feinstein Foundation Matching Gift Opportunity

Once again, Second Harvest is participating in the Feinstein Foundation Challenge.

Between March 1—April 30, 2014, the Feinstein Foundation will match a portion of each donation—whether it be food or money—made to Second Harvest. Seize the opportunity to get the most out of your support by donating today and helping us work towards our mission to end hunger in Orange County!

We are giving people a hand up... not a handout.

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"Right now, I work in the child development center. When I hit the job phase, they will help me with training because I haven't worked since my first was born."

When we asked her what difference this help has made in her life, she responded, "It's giving me courage I didn't think I had. It's helping me know how I can be on my own."

"This is called the Village of Hope and that's exactly what it is. It's giving me all my hope back."

Please visit [30Faces.org](http://30Faces.org) to see more photos and learn about the need in our community.

# A New Incredible Edible Farm

**B**eing able to grow fresh produce is an important part of our operation — it enables us to provide fresh vegetables to hungry neighbors and it helps all of us learn more about growing healthy food. After 14 years of growing crops at the Incredible Edible Park, we have moved the farm to a new location in the Great Park. The new field is called the Incredible Edible Farm. In partnership with the City of Irvine and the Orange County Great Park, the new farm is expected to produce a bigger and better harvest. We are very grateful for the efforts of all our dedicated volunteers who help make this such a success.

## ALISO VIEJO COUNTRY CLUB CHARITY CLASSIC TO RAISE MONEY FOR THE FOOD BANK

You are invited to join us for the 2014 Aliso Viejo Country Club Charity Classic that will benefit Second Harvest Food Bank. The two-day, fun-filled event begins with an elegant dinner and entertainment gala on June 6, followed by the golf tournament and charity fest on June 7. Please see *Upcoming Events* for more information and to reserve your tickets.

## “NO LUNCH” LUNCH – A TREMENDOUS SUCCESS

Money raised provides 300,000 meals for hungry neighbors

The Orange County community gathered on November 26 to celebrate Second Harvest Food Bank of Orange County’s 30th anniversary. More than 350 guests lined up for a modest “poor man’s” lunch of soup and bread bringing to mind the experience of many of the hungry in our community. The event raised more than \$100,000, enough to provide food for 300,000 meals for those in need.

The meal was generously provided by Antonio Cagnolo, owner of Antonello Ristorante.

**30 Faces of Hunger & Hope**, an exhibit of photography commissioned for Second Harvest’s 30th anniversary, was hanging from a wall of pallets so attendees could learn more about some of the men, women, and children who are hungry in Orange County.

Board chairman, Mark Danner, presented the newly inaugurated **Founder’s Legacy Award** to Albertson’s and the *Orange County Register* for demonstrating their commitment to our founders’ goals of feeding those in need, educating the public about the problem of hunger, and creating opportunities to involve people in our mission.

We would like to give a special thanks to our sponsors: a gift given in memory of Wilma V. Burnett; Stanbridge College; Judith Posnikoff; Rick and Tami Horstmann; Golden State Foods; Southern California Gas Company; and Crawford Custom Homes.



Guests line up for a simple meal of soup and bread.

## UPCOMING EVENTS

### April 17

#### Serving Hope Luncheon

11:30 a.m. – 1:00 p.m.

Newport Beach Marriott Hotel

Please join us to meet our team, learn more about our programs, and find out how you can make a difference in the lives of Orange County families.

There is no charge; however, space is limited.

### May 15

#### Summer Food and Wine

6:00 p.m. – 9:00 p.m.

Charlie Palmer at Bloomingdale's South Coast Plaza

Enjoy delicious food and wine pairings and help the Food Bank as well.

### May 31

#### Volunteer Appreciation Luncheon

At our headquarters from 12:00 p.m. – 3:00 p.m.

### June 6–7

#### Aliso Viejo Country Club Charity Classic

to benefit the Food Bank

Friday Evening

Aliso Viejo Country Club Gala

Saturday

Golf and Charity Fest

Two-day event begins with an elegant dinner and entertainment gala, followed by the golf event and charity fest on day two. Reserve your tickets today!

### April–June

#### Nourishing Hope Tours

Tuesdays, 9:00 a.m. – 10:00 a.m.:

April 8; May 13; June 10

Thursdays, 3:00 p.m. – 4:00 p.m.:

April 24; May 29; June 26

Learn about how we are feeding hungry people in Orange County and how your understanding and involvement are an integral part of our success.

For more information or to RSVP for any of these events, please email [Ericka@FeedOC.org](mailto:Ericka@FeedOC.org) or call 949.653.2900, ext. 148.

# SPOTLIGHT

## on our generous donors

Second Harvest is very grateful for the opportunities and support provided by both foundations and corporations. They help us grow our existing programs and start new ones.

**Kaiser Permanente** has invited Second Harvest to participate in Kaiser Permanente and MAZON's "Healthy Options, Healthy Meals" program, which will help Second Harvest provide nutritious food to hungry residents of Orange County.

**Dhont Family Foundation's** generous support has enabled Second Harvest to launch the "Feeding Hope" program, which provides a box of food and resource information to struggling families in the community.

**Croul Family Foundation** is helping us continue to provide critical food assistance to more than 200,000 hungry residents each month.

We would also like to recognize the following for their support:

- **Edwards Lifesciences**
- **Disney VoluntEARS**
- **The Crean Foundation**
- **Carl E. Wynn Foundation**
- **Richard & Elizabeth Steele Fund**
- **Taco Bell**
- **Bank of America Charitable Foundation**
- **Nobbs Family Foundation**
- **O.L. Halsell Foundation**
- **The Abbott Fund**
- **Disney Worldwide Services, Inc.**

**S**econd Harvest Food Bank works with 340 agencies that distribute nutritious food and supplies to hungry neighbors in Orange County. They are on the front line, making sure that people have enough food to feed themselves and their families.

Each year, we recognize agencies that are doing a superb job of providing food and assistance for low-income individuals and families.

# 2014 Agencies of the Year Award

**Presented to Newport Church and La Purisima Trinity Guild**



Families receive food from Newport Church/SHFBOC food distributions.

**Newport Church**, in Newport Beach, started as a small program, but they have grown. Last year they picked up more than 386,000 pounds from our distribution center. Distributing from two different sites in Santa Ana, Monte Vista Elementary School and Wallace R. Davis Elementary School, they set up the food in a "client choice" style so people can select what is best for their needs.

The staff and volunteers are what really make this agency stand out — they act as such a cohesive unit that distribution works very smoothly and efficiently. They are an amazing agency — they make a huge impact in Santa Ana and the people they serve are very grateful and appreciative.



La Purisima Trinity Guild serves more than 3,500 people per month.

**La Purisima Trinity Guild** in Orange is also an excellent example of an organization that fights the battle against hunger.

La Purisima helps feed more than 3,500 people per month. Their food pantry is open three days a week and they also participate in our Mobile Pantry Program twice a month, delivering 10,000 pounds of fresh produce and other foods directly to their parking lot. Neighbors from surrounding neighborhoods can pick up fresh fruits and vegetables that they otherwise couldn't get because of cost or lack of availability. Many of their volunteers are also in need but enjoy giving back to the community.

We thank both of our agencies of the year for their innovation, hard work, and dedication to helping people in Orange County.



Scan this QR code with your smartphone camera or QR app to donate.

## QUICK CLICKS:



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